**Objective:** Adolescent Girls are provided number of trainings which benefit their overall development. Each trainings contribute in bringing lasting changes in the lives of adolescent community girls. The trainings provided are not only informative but also empowering and some of them are also vocational.

The following are the List of trainings provided to adolescent girls:
1. Financial Literacy
2. Social Issues
3. Leadership Training
4. Health Training
5. SEWA Movement
6. Community Health and Hygiene
7. Training on political awareness for Adolescent Girls
8. Vision building among the Adolescent girls
9. Gender Training
10. Library, its importance and how to take advantage
11. Motivation Training
12. Informal sector in India
13. Organizing Training
14. Self-defense
15. Skill Development Training
16. Photography
17. Micro-enterprise Development
18. Personality Development
19. Report Writing Training
20. Legal Training
21. Profile Training
22. Research Training
23. Public Speaking
24. Technical Training

**Duration:** 2 hours for each training listed

**Trainers:** In-house Trainers

**Training Method:** Lecture, Discussions, Role Play, Case Studies, Games, Presentation, Exposure Visits, Video

**Literature / Material:** Notebook, Pen

**Module:** Not Available

**Trainees:** Adolescent Girls